

## Gavotte

(Gavotte de l'Aven/Brittany)

The gavotte is a French dance, taking its name from a folk dance of the Gavot, the people of the Pays de Gap region of Dauphiné in the southeast of France, where the dance originated. From the end of the sixteenth to the end of the eighteenth century, it was a court dance that was very popular in France. It is derived from the branle. It is generally danced in a circle, although some regions dance it in chains. It is a very old and very popular dance in the Bretagne region.

### DANCE:

Gavotte de l'Aven introduced at Missoula Inaugural Balfolk Dance on 3/28/2025.

### SAMPLE DANCE VIDEO:

Naragonia - Les Deux Frères (Gavotte de l'Aven)

[https://youtu.be/qFbyOqFlzKk?si=pOMA264qm\\_nVaDBB](https://youtu.be/qFbyOqFlzKk?si=pOMA264qm_nVaDBB)

### MUSIC:

(3/28/2025) Shoes Off - DAHU

[https://youtu.be/a\\_8-RM\\_HY5E?si=ae\\_vj2BYUMp3kLxo](https://youtu.be/a_8-RM_HY5E?si=ae_vj2BYUMp3kLxo)