

LARIDÉ

(Brittany)

The laridés are round dances from Lower Brittany. They are not danced in a chain, the circle always remaining closed (ancient). The dancers hold each other by a finger or by the hand and literally make the arms dance more than the feet. This arm dance is important, it binds the dancers, it is the cohesion of the circle. The steps can be in 6 or 8 beats, depending on the region. In Breton (a Celtic language) the name of this dance is "Dañs à Laride". In Gallo, the romance language of Brittany it's "La Ridée", in French it's "Le Laridé".

DANCE:

Laride 8 temps (28count) introduced at Missoula Inaugural Balfolk Dance on 3/28/2025.

DANCE VIDEO:

Danse bretonne : super finale laridé de la côte (note the feet)

<https://youtu.be/b6fWofSPrD8?si=itNscRHbaGDmGyqq>

(Not unusual for these dances to go for 15-20 minutes with live music)

MUSIC :

(3/28/2025) <https://youtu.be/j1UgiUeSRX8?si=lff8rldAiiJWurJy>

(Scrapping chair! Sorry! Please note that the dance in this video varies from the dance done on 3/28/2025. The first 4 counts of a Laride are similar across Larides, but the ending 4 counts vary. We will do some of those variations.